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TOPIC-MEANING AND TYPES OF RESEARCH DESIGN

MEANING OF RESEARCH DESIGN

The formidable problem that follows the task of defining the research problem is the preparation of the design of the research project, popularly known as the “research design”. Decisions regarding what, where, when, how much, by what means concerning an inquiry or a research study constitute a research design. “A research design is the arrangement of conditions for collection and analysis of data in a manner that aims to combine relevance to the research purpose with economy in procedure. In fact, the research design is the conceptual structure within which research is conducted; it constitutes the blueprint for the collection, measurement and analysis of data. As such the design includes an outline of what the researcher will do from writing the hypothesis and its operational implications to the final analysis of data. More explicitly, the design decisions happen to be in respect of:

- (i) What is the study about?
- (ii) Why is the study being made?
- (iii) Where will the study be carried out?
- (iv) What type of data is required?
- (v) Where can the required data be found?
- (vi) What periods of time will the study include?
- (vii) What will be the sample design?
- (viii) What techniques of data collection will be used?
- (ix) How will the data be analysed?
- (x) In what style will the report be prepared?

Keeping in view the above stated design decisions, one may split the overall research design into the following parts:

- (a) *the sampling design* which deals with the method of selecting items to be observed for the given study;
- (b) *the observational design* which relates to the conditions under which the observations are to be made;

(c) *the statistical design* which concerns with the question of how many items are to be observed and how the information and data gathered are to be analysed; and

(d) *the operational design* which deals with the techniques by which the procedures specified in the sampling, statistical and observational designs can be carried out. From what has been stated above, we can state the important features of a research design asunder:

(i) It is a plan that specifies the sources and types of information relevant to the research problem.

(ii) It is a strategy specifying which approach will be used for gathering and analysing the data.

(iii) It also includes the time and cost budgets since most studies are done under these two constraints.

In brief, research design must, at least, contain—(a) a clear statement of the research problem; (b) procedures and techniques to be used for gathering information; (c) the population to be studied; and (d) methods to be used in processing and analysing data.

NEED FOR RESEARCH DESIGN

Research design is needed because it facilitates the smooth sailing of the various research operations, thereby making research as efficient as possible yielding maximal information with minimal expenditure of effort, time and money. Just as for better, economical and attractive construction of a house, we need a blueprint (or what is commonly called the map of the house) well thought out and prepared by an expert architect, similarly we need a research design or a plan in advance of data collection and analysis for our research project. Research design stands for advance planning of the methods to be adopted for collecting the relevant data and the techniques to be used in their analysis, keeping in view the objective of the research and the availability of staff, time and money. Preparation of the research design should be done with great care as any error in it may upset the entire project. Research design, in fact, has a great bearing on the reliability of the results arrived at and as such constitutes the firm foundation of the entire edifice of the research work. Even then the need for a well thought out research design is at times not realised by many. The importance which this problem deserves is not given to it. As a result many researches do not serve the purpose for which they are undertaken. In fact, they may even give misleading conclusions. Thoughtlessness in designing the research project may result in rendering the research exercise futile. It is, therefore, imperative that an efficient and appropriate design must be prepared before starting research operations. The design helps the researcher to organize his ideas in a form whereby it will be possible for him to look for flaws and inadequacies. Such a design can even be given to others for their comments and critical evaluation. In the absence of such a course of action, it will be difficult for the critic to provide a comprehensive review of the proposed study.

FEATURES OF A GOOD DESIGN

A good design is often characterised by adjectives like flexible, appropriate, efficient, economical and so on. Generally, the design which minimises bias and maximises the reliability of the data collected and analysed is considered a good design. The design which gives the smallest experimental error is supposed to be the best design in many investigations. Similarly, a design which yields maximal information and provides an opportunity for considering many different aspects of a problem is considered most appropriate and efficient

design in respect of many research problems. Thus, the question of good design is related to the purpose or objective of the research problem and also with the nature of the problem to be studied. A design may be quite suitable in one case, but may be found wanting in one respect or the other in the context of some other research problem. One single design cannot serve the purpose of all types of research problems.

A research design appropriate for a particular research problem, usually involves the consideration of the following factors:

- (i) the means of obtaining information;
- (ii) the availability and skills of the researcher and his staff, if any;
- (iii) the objective of the problem to be studied;
- (iv) the nature of the problem to be studied; and
- (v) the availability of time and money for the research work.

If the research study happens to be an exploratory or a formulative one, wherein the major emphasis is on discovery of ideas and insights, the research design most appropriate must be flexible enough to permit the consideration of many different aspects of a phenomenon. But when the purpose of a study is accurate description of a situation or of an association between variables (or in what are called the descriptive studies), accuracy becomes a major consideration and a research design which minimises bias and maximises the reliability of the evidence collected is considered a good design. Studies involving the testing of a hypothesis of a causal relationship between variables require a design which will permit inferences about causality in addition to the minimisation of bias and maximisation of reliability. But in practice it is the most difficult task to put a particular study in a particular group, for a given research may have in it elements of two or more of the functions of different studies. It is only on the basis of its primary function that a study can be categorised either as an exploratory or descriptive or hypothesis-testing study and accordingly the choice of a research design may be made in case of a particular study. Besides, the availability of time, money, skills of the research staff and the means of obtaining the information must be given due weightage while working out the relevant details of the research design such as experimental design, survey design, sample design and the like.

IMPORTANT CONCEPTS RELATING TO RESEARCH DESIGN

Before describing the different research designs, it will be appropriate to explain the various concepts relating to designs so that these may be better and easily understood.

1. Dependent and independent variables: A concept which can take on different quantitative values is called a variable. As such the concepts like weight, height, income are all examples of variables. Qualitative phenomena (or the attributes) are also quantified on the basis of the presence or absence of the concerning attribute(s). Phenomena which can take on quantitatively different values even in decimal points are called 'continuous variables'.* But all variables are not continuous. If they can only be expressed in integer values, they are non-continuous variables or in statistical language 'discrete variables'.** Age is an example of continuous variable, but the number of children is an example of non-continuous variable. If one variable depends upon or is a consequence of the other variable, it is termed as a dependent variable, and the variable that is antecedent to the dependent variable is termed as an independent variable. For instance, if we say that height depends upon age, then height is a dependent variable and age is an independent variable. Further, if in addition to being

dependent upon age, height also depends upon the individual's sex, then height is a dependent variable and age and sex are independent variables. Similarly, readymade films and lectures are examples of independent variables, whereas behavioural changes, occurring as a result of the environmental manipulations, are examples of dependent variables.

2. Extraneous variable: Independent variables that are not related to the purpose of the study, but may affect the dependent variable are termed as extraneous variables. Suppose the researcher wants to test the hypothesis that there is a relationship between children's gains in social studies achievement and their self-concepts. In this case self-concept is an independent variable and social studies achievement is a dependent variable. Intelligence may as well affect the social studies achievement, but since it is not related to the purpose of the study undertaken by the researcher, it will be termed as an extraneous variable. Whatever effect is noticed on dependent variable as a result of extraneous variable(s) is technically described as an 'experimental error'. A study must always be so designed that *the effect upon the dependent variable is attributed entirely to the independent variable(s), and not to some extraneous variable or variables.*

3. Control: One important characteristic of a good research design is to minimise the influence or effect of extraneous variable(s). The technical term 'control' is used when we design the study minimising the effects of extraneous independent variables. In experimental researches, the term 'control' is used to refer to restrain experimental conditions.

4. Confounded relationship: When the dependent variable is not free from the influence of extraneous variable(s), the relationship between the dependent and independent variables is said to be confounded by an extraneous variable(s).

5. Research hypothesis: When a prediction or a hypothesised relationship is to be tested by scientific methods, it is termed as research hypothesis. The research hypothesis is a predictive statement that relates an independent variable to a dependent variable. Usually a research hypothesis must contain, at least, one independent and one dependent variable. Predictive statements which are not to be objectively verified or the relationships that are assumed but not to be tested, are not termed research hypotheses.

6. Experimental and non-experimental hypothesis-testing research: When the purpose of research is to test a research hypothesis, it is termed as hypothesis-testing research. It can be of the experimental design or of the non-experimental design. Research in which the independent variable is manipulated is termed 'experimental hypothesis-testing research' and a research in which a independent variable is not manipulated is called 'non-experimental hypothesis-testing research'. For instance, suppose a researcher wants to study whether intelligence affects reading ability for a group

* A continuous variable is that which can assume any numerical value within a specific range.

** A variable for which the individual values fall on the scale only with distinct gaps is called a discrete variable.

of students and for this purpose he randomly selects 50 students and tests their intelligence and reading ability by calculating the coefficient of correlation between the two sets of scores. This is an example of non-experimental hypothesis-testing research because herein the independent variable, intelligence, is not manipulated. But now suppose that our researcher randomly selects 50 students from a group of students who are to take a course in statistics and then divides them into two groups by randomly assigning 25 to Group A, the usual

studies programme, and 25 to Group B, the special studies programme. At the end of the course, he administers a test to each group in order to judge the effectiveness of the training programme on the student's performance-level. This is an example of experimental hypothesis-testing research because in this case the independent variable, viz., the type of training programme, is manipulated.

7. Experimental and control groups: In an experimental hypothesis-testing research when a group is exposed to usual conditions, it is termed a 'control group', but when the group is exposed to some novel or special condition, it is termed an 'experimental group'. In the above illustration, the Group A can be called a control group and the Group B an experimental group. If both groups A and B are exposed to special studies programmes, then both groups would be termed 'experimental groups.' It is possible to design studies which include only experimental groups or studies which include both experimental and control groups.

8. Treatments: The different conditions under which experimental and control groups are put are usually referred to as 'treatments'. In the illustration taken above, the two treatments are the usual studies programme and the special studies programme. Similarly, if we want to determine through an experiment the comparative impact of three varieties of fertilizers on the yield of wheat, in that case the three varieties of fertilizers will be treated as three treatments.

9. Experiment: The process of examining the truth of a statistical hypothesis, relating to some research problem, is known as an experiment. For example, we can conduct an experiment to examine the usefulness of a certain newly developed drug. Experiments can be of two types viz., absolute experiment and comparative experiment. If we want to determine the impact of a fertilizer

on the yield of a crop, it is a case of absolute experiment; but if we want to determine the impact of one fertilizer as compared to the impact of some other fertilizer, our experiment then will be termed as a comparative experiment. Often, we undertake comparative experiments when we talk of designs of experiments.

10. Experimental unit(s): The pre-determined plots or the blocks, where different treatments are used, are known as experimental units. Such experimental units must be selected (defined) very carefully.

DIFFERENT RESEARCH DESIGNS

Different research designs can be conveniently described if we categorize them as: (1) research design in case of exploratory research studies; (2) research design in case of descriptive and diagnostic research studies, and (3) research design in case of hypothesis-testing research studies. We take up each category separately.

1. Research design in case of exploratory research studies: Exploratory research studies are also termed as formulative research studies. The main purpose of such studies is that of formulating a problem for more precise investigation or of developing the working hypotheses from an operational point of view. The major emphasis in such studies is on the discovery of ideas and insights. As such the research design appropriate for such studies must be flexible enough to provide opportunity for considering different aspects of a problem under study. Inbuilt flexibility in research design is needed because the research problem, broadly defined initially, is transformed into one with more precise meaning in exploratory

studies, which fact may necessitate changes in the research procedure for gathering relevant data. Generally, the following three methods in the context of research design for such studies are talked about: (a) the survey of concerning literature; (b) the experience survey and (c) the analysis of 'insight-stimulating' examples.

a)The survey of concerning literature happens to be the most simple and fruitful method of formulating precisely the research problem or developing hypothesis. Hypotheses stated by earlier workers may be reviewed and their usefulness be evaluated as a basis for further research. It may also be considered whether the already stated hypotheses suggest new hypothesis. In this way the researcher should review and build upon the work already done by others, but in cases where hypotheses have not yet been formulated, his task is to review the available material for deriving the relevant hypotheses from it. Besides, the bibliographical survey of studies, already made in one's area of interest may as well as made by the researcher for precisely formulating the problem. He should also make an attempt to apply concepts and theories developed in different research contexts to the area in which he is himself working. Sometimes the works of creative writers also provide a fertile ground for hypothesis formulation and as such may be looked into by the researcher.

b)Experience survey means the survey of people who have had practical experience with the problem to be studied. The object of such a survey is to obtain insight into the relationships between variables and new ideas relating to the research problem. For such a survey people who are competent and can contribute new ideas may be carefully selected as respondents to ensure a representation of different types of experience. The respondents so selected may then be interviewed by the investigator. The researcher must prepare an interview schedule for the systematic questioning of informants. But the interview must ensure flexibility in the sense that the respondents should be allowed to raise issues and questions which the investigator has not previously considered. Generally, the experience collecting interview is likely to be long and may last for few hours. Hence, it is often considered desirable to send a copy of the questions to be discussed to the respondents well in advance. This will also give an opportunity to the respondents for doing some advance thinking over the various issues involved so that, at the time of interview, they may be able to contribute effectively. Thus, an experience survey may enable the researcher to define the problem more concisely and help in the formulation of the research hypothesis. This survey may as well provide information about the practical possibilities for doing different types of research.

c)Analysis of 'insight-stimulating' examples is also a fruitful method for suggesting hypotheses for research. It is particularly suitable in areas where there is little experience to serve as a guide. This method consists of the intensive study of selected instances of the phenomenon in which one is interested. For this purpose the existing records, if any, may be examined, the unstructured interviewing may take place, or some other approach may be adopted. Attitude of the investigator, the intensity of the study and the ability of the researcher to draw together diverse information into a unified interpretation are the main features which make this method an appropriate procedure for evoking insights. Now, what sort of examples are to be selected and studied? There is no clear cut answer to it. Experience indicates that for particular problems certain types of instances are more appropriate than others. One can mention few examples of 'insight-stimulating' cases such as the reactions of strangers, the reactions of marginal individuals, the study of individuals who are in transition

from one stage to another, the reactions of individuals from different social strata and the like. In general, cases that provide sharp contrasts or have striking features are considered relatively more useful while adopting this method of hypotheses formulation. Thus, in an exploratory or formulative research study which merely leads to insights or hypotheses, whatever method or research design outlined above is adopted, the only thing essential is that it must continue to remain flexible so that many different facets of a problem may be considered as and when they arise and come to the notice of the researcher.

2. Research design in case of descriptive and diagnostic research studies: Descriptive research studies are those studies which are concerned with describing the characteristics of a particular individual, or of a group, whereas diagnostic research studies determine the frequency with which something occurs or its association with something else. The studies concerning whether certain variables are associated are examples of diagnostic research studies. As against this, studies concerned with specific predictions, with narration of facts and characteristics concerning individual, group or situation are all examples of descriptive research studies. Most of the social research comes under this category. From the point of view of the research design, the descriptive as well as diagnostic studies share common requirements and as such we may group together these two types of research studies. In descriptive as well as in diagnostic studies, the researcher must be able to define clearly, what he wants to measure and must find adequate methods for measuring it along with a clear cut definition of 'population' he wants to study. Since the aim is to obtain complete and accurate information in the said studies, the procedure to be used must be carefully planned. The research design must make enough provision for protection against bias and must maximise reliability, with due concern for the economical completion of the research study. The design in such studies must be rigid and not flexible and must focus attention on the following:

- (a) Formulating the objective of the study (what the study is about and why is it being made?)
- (b) Designing the methods of data collection (what techniques of gathering data will be adopted?)
- (c) Selecting the sample (how much material will be needed?)
- (d) Collecting the data (where can the required data be found and with what time period should the data be related?)
- (e) Processing and analysing the data.
- (f) Reporting the findings.

In a descriptive/diagnostic study the first step is to specify the objectives with sufficient precision to ensure that the data collected are relevant. If this is not done carefully, the study may not provide the desired information. Then comes the question of selecting the methods by which the data are to be obtained. In other words, techniques for collecting the information must be devised. Several methods (viz., observation, questionnaires, interviewing, examination of records, etc.), with their merits and limitations, are available for the purpose and the researcher may use one or more of these methods which have been discussed in detail in later chapters. While designing data-collection procedure, adequate safeguards against bias and unreliability must be ensured. Whichever method is selected, questions must be well examined and be made unambiguous; interviewers must be instructed not to express their own opinion; observers must be trained so that they uniformly record a given item of behaviour. It is always desirable to pretest the data collection instruments before they are

finally used for the study purposes. In other words, we can say that “*structured instruments*” are used in such studies. In most of the descriptive/diagnostic studies the researcher takes out sample(s) and then wishes to make statements about the population on the basis of the sample analysis or analyses. More often than not, sample has to be designed. Different sample designs have been discussed in detail in a separate chapter in this book. Here we may only mention that the problem of designing samples should be tackled in such a fashion that the samples may yield accurate information with a minimum amount of research effort. Usually one or more forms of probability sampling, or what is often described as random sampling, are used. To obtain data free from errors introduced by those responsible for collecting them, it is necessary to supervise closely the staff of field workers as they collect and record information. Checks may be set up to ensure that the data collecting staff perform their duty honestly and without prejudice. “As data are collected, they should be examined for completeness, comprehensibility, consistency and reliability. The data collected must be processed and analysed. This includes steps like coding the interview replies, observations, etc.; tabulating the data; and performing several statistical computations. To the extent possible, the processing and analysing procedure should be planned in detail before actual work is started. This will prove economical in the sense that the researcher may avoid unnecessary labour such as preparing tables for which he later finds he has no use or on the other hand, re-doing some tables because he failed to include relevant data. Coding should be done carefully to avoid error in coding and for this purpose the reliability of coders needs to be checked. Similarly, the accuracy of tabulation may be checked by having a sample of the tables re-done. In case of mechanical tabulation the material (i.e., the collected data or information) must be entered on appropriate cards which is usually done by punching holes corresponding to a given code. The accuracy of punching is to be checked and ensured. Finally, statistical computations are needed and as such averages, percentages and various coefficients must be worked out. Probability and sampling analysis may as well be used. The appropriate statistical operations, along with the use of appropriate tests of significance should be carried out to safeguard the drawing of conclusions concerning the study. Last of all comes the question of reporting the findings. This is the task of communicating the findings to others and the researcher must do it in an efficient manner. The layout of the report needs to be well planned so that all things relating to the research study may be well presented in simple and effective style. Thus, the research design in case of descriptive/diagnostic studies is a comparative design throwing light on all points narrated above and must be prepared keeping in view the objective(s) of the study and the resources available. However, it must ensure the minimisation of bias and maximisation of reliability of the evidence collected. The said design can be appropriately referred to as a *survey design* since it takes into account all the steps involved in a survey concerning a phenomenon to be studied. The difference between research designs in respect of the above two types of research studies can be conveniently summarised in tabular form as under

Research Design	Type of study	
	Exploratory of Formulative	Descriptive/Diagnostic
Overall design	Flexible design (design must provide opportunity for considering different aspects of the problem)	Rigid design (design must make enough provision for protection against bias and must maximise reliability)
(i) Sampling design	Non-probability sampling design (purposive or judgement sampling)	Probability sampling design (random sampling)
(ii) Statistical design	No pre-planned design for analysis	Pre-planned design for analysis
(iii) Observational design	Unstructured instruments for collection of data	Structured or well thought out instruments for collection of data
(iv) Operational design	No fixed decisions about the operational procedures	Advanced decisions about operational procedures.

3. Research design in case of hypothesis-testing research studies: Hypothesis-testing research studies (generally known as experimental studies) are those where the researcher tests the hypotheses of causal relationships between variables. Such studies require procedures that will not only reduce bias and increase reliability, but will permit drawing inferences about causality. Usually experiments meet this requirement. Hence, when we talk of research design in such studies, we often mean the design of experiments. Professor R.A. Fisher's name is associated with experimental designs. Beginning of such designs was made by him when he was working at Rothamsted Experimental Station (Centre for Agricultural Research in England). As such the study of experimental designs has its origin in agricultural research. Professor Fisher found that by dividing agricultural fields or plots into different blocks and then by conducting experiments in each of these blocks, whatever information is collected and inferences drawn from them, happens to be more reliable. This fact inspired him to develop certain experimental designs for testing hypotheses concerning scientific investigations. Today, the experimental designs are being used in researches relating to phenomena of several disciplines. Since experimental designs originated in the context of agricultural operations, we still use, though in a technical sense, several terms of agriculture (such as treatment, yield, plot, block etc.) in experimental designs.

BASIC PRINCIPLES OF EXPERIMENTAL DESIGNS

Professor Fisher has enumerated three principles of experimental designs: (1) the Principle of Replication; (2) the Principle of Randomization; and the (3) Principle of Local Control. According to the *1) Principle of Replication*, the experiment should be repeated more than once.

Thus, each treatment is applied in many experimental units instead of one. By doing so the statistical accuracy of the experiments is increased. For example, suppose we are to examine the effect of two varieties of rice. For this purpose we may divide the field into two parts and grow one variety in one part and the other variety in the other part. We can then compare the yield of the two parts and draw conclusion on that basis. But if we are to apply the principle of replication to this experiment, then we first divide the field into several parts, grow one variety in half of these parts and the other variety in the remaining parts. We can then collect

the data of yield of the two varieties and draw conclusion by comparing the same. The result so obtained will be more reliable in comparison to the conclusion we draw without applying the principle of replication. The entire experiment can even be repeated several times for better results. Conceptually replication does not present any difficulty, but computationally it does. For example, if an experiment requiring a two-way analysis of variance is replicated, it will then require a three-way analysis of variance since replication itself may be a source of variation in the data. However, it should be remembered that replication is introduced in order to increase the precision of a study; that is to say, to increase the accuracy with which the main effects and interactions can be estimated.

2)The Principle of Randomization provides protection, when we conduct an experiment, against the effect of extraneous factors by randomization. In other words, this principle indicates that we should design or plan the experiment in such a way that the variations caused by extraneous factors can all be combined under the general heading of “chance.” For instance, if we grow one variety of rice, say, in the first half of the parts of a field and the other variety is grown in the other half, then it is just possible that the soil fertility may be different in the first half in comparison to the other half. If this is so, our results would not be realistic. In such a situation, we may assign the variety of rice to be grown in different parts of the field on the basis of some random sampling technique i.e., we may apply randomization principle and protect ourselves against the effects of the extraneous factors (soil fertility differences in the given case). As such, through the application of the principle of randomization, we can have a better estimate of the experimental error.

3)The Principle of Local Control is another important principle of experimental designs. Under it the extraneous factor, the known source of variability, is made to vary deliberately over as wide a range as necessary and this needs to be done in such a way that the variability it causes can be measured and hence eliminated from the experimental error. This means that we should plan the experiment in a manner that we can perform a two-way analysis of variance, in which the total variability of the data is divided into three components attributed to treatments (varieties of rice in our case), the extraneous factor (soil fertility in our case) and experimental error.* In other words, according to the principle of local control, we first divide the field into several homogeneous parts, known as blocks, and then each such block is divided into parts equal to the number of treatments. Then the treatments are randomly assigned to these parts of a block. Dividing the field into several homogenous parts is known as ‘blocking’. In general, blocks are the levels at which we hold an extraneous factor fixed, so that we can measure its contribution to the total variability of the data by means of a two-way analysis of variance. In brief, through the principle of local control we can eliminate the variability due to extraneous factor(s) from the experimental error.

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