

Types of Adolescence interest

**COURSE: CLINICAL ASSESSMENT AND INTERVENTION
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TYPES OF ADOLESCENCE INTEREST

All young adolescents possess these interests to a greater or lesser extent and they all have certain specific interests that fall within the different categories, the most important of which are

1. Recreational Interests/ Interest in Activity
2. Social interests
3. Personal Interests
4. Educational Interests
5. Vocational Interests
6. Sexual Interests
7. Interest in Status Symbols



TYPES OF ADOLESCENCE INTEREST

Interest in Activities:

Activity of one kind or another is an integral part of the adolescent behaviour. The physical changes of puberty, the greater muscular power and the surplus of energy, all contribute towards strengthening the need for activity. This surging need must be controlled and guided into the proper channels such as, dancing, swimming, playing football or other types of games and sports.



TYPES OF ADOLESCENCE INTEREST

Interest in sex

Sex development is a fundamental fact of adolescence. The sex instinct which had been lying dormant during childhood is reawakened. In the adolescence stage the young adolescent repeats 3 stages of sexual development -

- a) **Auto – eroticism**: the adolescent takes interest in his own body and he/she handles his own sex organs.
- b) **Homo-sexuality**: during the early period of adolescence boys love to mix with boys and girls with girls.
- c) **Hetero – sexuality**: this type of sexuality is found at the later stage of adolescence. The boys and girls are attracted towards the opposite sex.



TYPES OF ADOLESCENCE INTEREST

Interest in Adventure

Thirst for adventure is strong at this age. The adolescent wants to do something so that he is remembered by all. The answer is exploring something which others do not know. Sometimes he is misunderstood and sometimes misdirected. In the absence of proper direction it takes the form of aimless wandering, vagabonding, unsocial acts like strikes and demonstrations. Even the sexual acts mean a thrill and adventure for them. But properly directed adventure can be very much helpful for the adolescent's social, mental, emotional and physical development.

TYPES OF ADOLESCENCE INTEREST

Vocational Interest

The young boys and girls want to be independent at this stage. Boys and girls of high school age begin to think seriously about their future. Boys are usually more seriously concerned about an occupation than girls. Boys, typically, want glamorous and exciting jobs, regardless of the ability required or the chances for such jobs being available for them. They also want jobs with high prestige and of higher social status. But the girls, on the other hand, normally show a preference for occupations with greater security and less demand on their time. In their vocational choice, they usually stress on service to others, such as teaching or nursing. By late adolescence, the adolescents are concerned about what they would like to do and what they are capable of doing. They are also concerned about how they can get the kind of job they want. Older adolescents have a growing realization of how much it costs to live and they also know what young people, just out of school, can expect to earn. As a result of this greater realism, they approach the choice of their careers with a more practical and more realistic attitude than they would when they were young.

TYPES OF ADOLESCENCE INTEREST

Recreational interests

Some of the **recreational interests** during **adolescence** are sports and games, scholastic and extracurricular activities. There is genuine desire to help others and engaging in benevolent activities like collecting funds for a cause, arranging charity show etc.



TYPES OF ADOLESCENCE INTEREST

Interest in status symbol: Status symbols are prestige symbols that tell others that the person who has them is superior or has a higher status in the group than other group members.

During adolescence, status symbols serve four important functions:

○ They tell others that **the adolescent has a high or even a higher socioeconomic status** than other members of the peer group.

○ That the adolescent is superior in some achievement that is valued by the group.

○ The adolescent is affiliated with the group and is an accepted member of it because of **appearance or actions similar to those of other group members** and the adolescent has a near adult status in society.



TYPES OF ADOLESCENCE INTEREST

Smoking often begins in junior high school or even before. By the time boys and girls reach senior high school, smoking is a widespread practice for different social activities. Adolescents feel that they must conform to peer-group norms rather than to adult or institutional authority if they want others to identify them with the peer group and think of them as no longer children but near-adults.


Unlike adolescents of earlier generations, drinking has become a status symbol for girls as well as for boys. **Drinking is a peer – group activity.** The taste for liquor is developed during the adolescent years as is the tendency to regard drinking as an important symbol of group belonging.



TYPES OF ADOLESCENCE INTEREST

Social Interest

There is a greater interest in privacy, wants to spend less time with family, interested in making new friends, interest on strong emphasis on the peer group with the group identity of selectivity, superiority and competitiveness, interested in peer acceptance, peer relationship, personal identity in group.



TYPES OF ADOLESCENCE INTEREST

The young adolescents also **need freedom in their in their life**. They do not like to maintain a strict routine life. They do not like disciplined life which is imposed on them by their parents. They love freedom regarding taking decisions related to their life. They do not like adult interference about personal things.

Interest in style of dressing, interested in learning, life skills, such as cooking, fixing things, driving and so on.

Special interest in animals (pets) interested in down toddler or suffering and show compassion for them.

Adolescents has interest in visiting new places (exploring thing and place).

Interest in participating in sports, athletics or other physical activities.

Interest in art, dance, drama, music, writing and other creative physical activities.

